

**SUGGESTIONS ON WHAT YOU NEED TO BRING**

**B**ramley Lakes Team Development Centre provides a variety of services to our customers and most of our programmes will involve a number of outdoor activities. When participating outdoors there are some basic clothing and footwear elements that we advise people to bring along as this will ensure that you have an enjoyable time. As we also have a lot of “water” onsite, it is advisable to bring some additional clothing and depending on the time of year waterproof tops and bottoms are a worthwhile investment during the winter period.

## Clothing

*A complete spare set of clothes and shoes are necessary. For some “water” based activities it is mandatory to have footwear.*

Casual **loose** fitting comfortable clothes:

- ◆ Casual - Sweatshirts, T-Shirts, Jogging Pants, Jeans
- ◆ Warm - Jumpers / Fleece / Hats / Gloves / Scarfs
- ◆ Walking Boots / Trainers for decent ankle support
- ◆ Waterproof Tops / Bottoms
- ◆ A Towel + Toiletries
- ◆ Hair dryers

It is worth coming prepared, so any extra clothing just in case is always a sound approach.

## Residential

For our residential programmes we suggest customers bring the following additional items:

- ◆ Large Towels (hand and shower)
- ◆ Flip-flops (for the shower – cold floor)
- ◆ Another set of clothes – in addition to the extra set above
- ◆ Black bin-liners for wet clothes
- ◆ Overnight clothes